

## **The Spirit Moves**

An anthem for SSATB *a cappella*

This short anthem was commissioned by RTZ for performance at a service of thanksgiving for the arts at St James' Church, Piccadilly. It was composed in 1992 and is dedicated 'for my cousin Jane Darwin on her bereavement'. The text is taken from the Psalms and the Upanishads.

Praise the Lord!

Praise!

Who sends the mind to wander afar?

Who is the spirit behind the eye and the ear?

Praise the Lord..

This is the light that shines in our hearts.

This is the spirit that wanders afar.